

# TEAM SAFETY



LISTEN TO THE REF

Following the rules means that everyone gets to enjoy the game.



FIRST AID

Qualified first aid provider onsite.



#### **AGGRESSIVE BEHAVIOUR**

Bad language, not listening to the Ref or other Staff Members will result in a ban. Simple.

## PERSONAL



#### **STAY HYDRATED**

Water is available to purchase or free from our fountain. You can also buy soft drinks to keep energy levels high!



#### CLOTHING

Loose clothing works well if you don't have protective gear. Remember - you need to be able to call your shots!



#### **SAFETY GLASSES**

Ensure glasses protect the corners of your eyes. They must be worn at all times on the range.

### HOUSEKEEPING



**NO LITTERING** 

Please put any litter into the RED lidded bin.



#### PLEASE RECYCLE

Our recycling goes to a good cause - help us by using the correct bin!



SHARE THE LOVE

If you had a great time let your friends and family know!